

All-Star Gymnastics Newsletter

Our class gymnasts continue to learn and perfect skills on the men's and women's apparatus. The coaches have been evaluating their progress and charting their successes. If you have any questions regarding your child's progress, please feel free to arrange a meeting with his/her coach.

Fitness is an integral part of gymnastics training. Our athletes gain the benefits of cardiovascular exercise, balance, flexibility and strength while participating in fun activities and gymnastics skill progression. Our program is designed to provide a solid foundation of fitness while preparing children for participation in many other sports and activities.

Happy Holidays to all our families!!



Session 2 Dates

Thursday, Nov. 12, 2009 – Saturday, Jan. 30, 2010

Closed: Dec. 21st – Jan. 3rd

Tuition

Tuition payments are due 2 weeks prior to the start of a new session. (On Jan. 18th for Session 3) Invoices will be given out in your child's class. If your child is absent that day, we will mail your invoice. Kindly call the office if your child is not returning for the next session.

Make Up Classes

Each gymnast is allowed 1 make up class per session. If your child misses their class and would like to make it up, please call the office to register for an available class day & time. (Additional make ups will be allowed for extenuating circumstances.)

Kindergarten Switch

At the end of January our Kindergarten students will be switching school times. Please return your Switch Form before Dec. 19th. We will make every effort to accommodate your first choice.

Birthday Parties



Safety Concerns

*All children must stay inside while waiting to be picked up after class.

*If you are more than 10 minutes late picking up your child, he/she will be waiting in the gym. Please come into the gym and let the floor coach know who you are here to pick up.

*Parking is available in the front lot and on the side of our building. Traffic flow is **One Way**. Please enter the parking lot from Kidder Road and drive around the building to exit. **Please drive slowly and watch for little ones crossing the driveway! Parents, hold your child's hand when crossing driveway and watch for cars backing out of parking spaces. Drivers cannot always see a small child who is walking alone.**



Gym Cancellations

Every effort is made to remain open during bad weather. Please call the office at (978) 256-7766 and/or check our website at all-stargymnastics.com to verify the status of classes 1 hour prior to the start of your child's class.

Office Hours*

Monday – 11:30-5:00

Tuesday – 8:30-4:30

Wednesday – 11:30-5:00

Thursday – 8:30-4:30

Friday – 8:30-2:30

* Hours subject to change

5 Kidder Road * Chelmsford, MA 01824

(978) 256-7766

www.all-stargymnastics.com