

Session V - Summer 2017

June 26th – August 24th

(No Classes on Monday, July 3rd & Tuesday July 4th)

Session V is during the summer months when many families also plan vacations, so we have designed Session V to be very flexible in order to work with your family time. You can register for the entire session; do just the minimum day requirements or anything in between. You choose. That's what makes our Flexi-Schedule so great! Stop in the office to register or print a Registration Form from the website at

www.all-stargymnastics.com

It's as easy as 1-2-3.

1. Select the program that works for your child
2. Choose the day/time that is best
3. Choose the weeks you want to register for

Tumble Star Program (ages 3-5)

Tumble Star Classes are 60 minutes in length. Through imaginative play and movement exploration, your child will develop physical readiness in a fun, safe and exciting way. Each week has a special theme ie: Beach Party, Pirates, Princesses and Princes.

Classes are offered on Tuesday @ 9:15 or Wednesdays @ 9:15 or 10:30

Tuition for 4 classes (minimum) is \$60.00.

“Bright Stars” Gym & Learn Morning Double the FUN with our Bright Stars Morning which includes a Tumble Star Class, fitness fun, arts & crafts, games, story time and more. Please send a small nutritional snack for your child. (No nut products please)

Offered on Tuesday morning from 9:00-11:30

Tuition for 2 mornings (minimum) is \$65.00.

Girls' & Boys' Class Program (ages 6 and older)

Triple Flip Your child will have a full morning at the gym. The morning will include a Gymnastics Class, a Trampoline & Tumbling Class and will end with lots of fitness fun with Motion Evolution. Bring a water bottle and nutritious snack (No nut products) and enjoy a morning of fitness and fun!

Offered as a 2 Morning/Week - Monday & Wednesday 9:00-12:15 or Tuesday & Thursday 9:00–12:15 or as a 4 Morning/Week - Monday through Thursday 9:00-12:15

Tuition for 4 Mornings (minimum) is 190.00.

Girls' & Boys' Gymnastics' Class - focuses on beginner to advanced level gymnastics skills and a fitness curriculum to enhance physical development which is vital to participation in all athletic activities. Classes are 75 minutes in length.

Offered as 2 Classes/Week - Monday & Wednesday @ 9:00 or Tuesday & Thursday @ 10:15

Tuition for 4 classes (minimum) is \$85.00

Trampoline & Tumbling Class - for girls and boys who wish to enjoy and further develop their tumbling and trampoline skills. Classes are 1 hour in length.

Offered as 2 Classes/Week - Monday & Wednesday @10:30 or Tuesday & Thursday @ 9:00

Tuition for 4 classes (minimum) is \$70.00

Motion Evolution Fitness Fun - FUN is the way children learn! Motion Evolution utilizes games that develop a wide array of qualities, including spatial awareness, memory, social skills, self control, leadership, listening, and more. Using the foundations of movement (tossing, jumping, kicking, inversions, balancing, etc) children gain a greater fitness level and increased confidence for a lifetime.

Classes are 45 minutes in length.

Offered with Triple Flip only- 2 Classes/Week - Monday & Wednesday @ 11:30 or Tuesday & Thursday @ 11:30

Early Drop Off @ 8:30 - \$5.00 per day - Sign up when registering for classes.